

# 2021 Keeping It Coastal

## Educational Family Weekend & Adult Retreat

### Agenda

### *“A Family Reunion”*

#### Friday Night

4:00 – 7:00pm – BDASC Check in & Exhibits Open (*Pre-function Area*)

6:00pm – Chapter Opening Welcomes / Family Camp Agenda Review / **Group Activity Ice Breaker** (*Nautilus Ballroom*) (Task Master #1 - Name your POD and Tell Your Story)

6:30 – 8:00pm – Dinner Buffett Opens

7:00pm – Moby Dick Industry Sponsors: Company Welcomes

7:30pm -- Dinner Presentation: Do What Moves You: Staying Active, Sponsored by Takeda

Join us for our Keynote Opening Presentation: In conjunction with your doctor, you can make a treatment plan that will help you live a healthy and active life. This HELLOChat highlights lifestyle aspects, such as activity level and schedule, adherence to treatment, and taking precautions to prevent bleeds when being active.

Speakers: Jeffery Kallberg and Pete

8:30pm – Free-Time: Hotel Amenities / Community *“Socially Distant Safe”* Connections

#### Saturday

7:00-8:30am – Infusion Session: Need to learn about home infusions? Join Robin and Sue for a hands - on instruction class by appointment (sign up at registration) Robin Jones, MSN, MHA, RN, CPN, CPHON - SCHTC & Sue Geraghty RN, BMA – (*Board Room*)

7:30 – 9:00am - Breakfast and Exhibits Opening (*Pre-function Area*)

8:00am – Breakfast Chapter updates / agenda review (*Nautilus Ballroom*)

9:00 – 9:15am – Group Photo (on the lawn outside pre-function area)

\*\*\**(All families will remain in their family pod with children (except teens ages 11-18yrs)*

**9:30 - 10:30am: Morning Educational Programming #1** (Task Master #2 – Lego Masters “Get Your Brick On”, Arts and Crafts, and Friendship Bracelet Making)

Nautilus Ballroom	Coral Breakout Room – Teen Progaming
Advocacy: Access to Care with Treatment for All	“Kahoot It and BELCH” Bringing Elevated Learning with Competitive Humor
PROVIDED BY: South Carolina Bleeding Disorders Advocacy Coalition and the National Hemophilia Foundation- Speaker - Nathan Schaefer, MSW, VP Public Policy, NHF	PROVIDED BY: Bleeding Disorders Association of South Carolina

10:30am – 11:00am – Quick Refueling Break

\*\*\*(All families will remain in their family pod with children (except teens ages 11-18yrs)

**11:00am – 12:00pm: Morning Educational Programming #2** (Task Master #3 – Pillow Talk)

Nautilus Ballroom	Coral Breakout Room	Triton Breakout Room	Outside BDASC Lawn Area (Lawn mats being provided)
Emergency Room Care and Treatment	M - POWERED: Giving Voice to Your Strength	Heart Health, Strokes, and the Importance of Nutrition	Bingo Mat Challenge (Task Master #3 Bingo Card and Dabblers)
PROVIDED BY: Bleeding Disorders Association of South Carolina Speaker: Sue Geraghty, RN, MBA	PROVIDED BY: Bayer Healthcare Speaker: Jennifer Laughlin	PROVIDED BY: CVS Specialty Speaker: Linda Stepien	PROVIDED BY: Bleeding Disorders Association of South Carolina and Staff
Learn how to navigate the emergency room experience for patients with bleeding disorders, what you should know, what you can expect, and how to advocate for your needs. Learn how your voice can help address the continued needs of bleeding disorders patients.	Brings moms of hemophilia patients together to gain real-life, practical tools for success while building connections for a lifetime. Session offers moms a space to share their Bleeding Disorders experiences, shift their mindset, and acknowledge their power.	This session will discuss heart attacks and strokes while learning how to identify risk factors, (inherited or ones that can have impact) and what prevention steps you can take to help address your risk, as well as the treatment for individuals with bleeding disorders.	Teens this one is for you! We'll be playing a game of Bingo, but in the game there will be a some challenges you will have to complete to get the square. Know the words to a song you hate? We want to hear them! Is a socially distant selfie possible? We'll find out. And when someone gets a bingo, you'll have a chance to double your winnings If you're up for the Challenge.

12:00pm-1:30pm- Lunch and Exhibits (*Pre-function Area*)

1:30pm - 4:30pm – Free Time- Enjoy the venue amenities!

2:00pm – BDASC Sand Castle Contest on the Beach

*(Take the hotel shuttle to the hotel's private beach)*

4:30 - 5:30pm – Final Exhibiting Hour (*Pre-function Area*)

5:30 – 9:00pm – Dinner and Entertainment by the Sea - DJ Karaoke- BDASC's "Got Talent Show" (*Marina Promenade*)

6:00pm – 7:30 - Dinner Buffet Poolside

## Sunday

7:00-8:30am – Infusion Session: Need to learn about home infusions? Join Robin and Sue for a hands - on instruction class by appointment (sign up at registration) Robin Jones, MSN, MHA, RN, CPN, CPHON - SCHTC & Sue Geraghty RN, BMA – *(Board Room)*

7:30 - 9:00am – Breakfast *(Nautilus Ballroom)*

- ❖ 8:30am - Independence Day Awards (Infusion Success)
- ❖ Kids show off their pillowcases and designs (taskmaster #2)

8:45am – 9:15am - Walk Kick-Off Fundraiser Session *(Nautilus Ballroom)*

- ❖ Let's take a walk back in time
- ❖ On-site walk registrations and website assistance will be provided

9:15 – 9:45am - *(Task Master #4 - Gratitude Family Trees)*

\*\*\**(All families will remain in their family pods)*

All Attendees- Nautilus Ballroom	Gratitude Nation Find out why practicing gratitude may be good for people living with a chronic condition and learn how to leverage gratitude in your own life.	PROVIDED BY: Sanofi Genzyme Speaker: Xaviette Pointer-Kincy
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10:00 - 11:00am – **BDASC Community Connections Round Tables** *(Nautilus Ballroom)*

\*\*\**(Take your Family Pod with you and join the conversations of your choice)*

10:00-11:00am VWD, Rare's, Platelet Disorders Education and Conversations- Coral Breakout Room- Moderated by Sue Geraghty, MRN, MBA

*Attendees will remain with their PODS and meet at the designated tables in the main Nautilus Ballroom (signs will be provided to locate desired conversation areas)*

Blood Brothers Men's Group	CARE Women Group	YES: New Families and Parents	Teens and Young Adults
moderated by Robert Butler	moderated by Cristal Day	moderated by Aaron and Brentley Smith, Krakowiak's, Crisp's	moderated by Wendy Legrand, Christine Evans

11:00am – Hotel check out

12:00pm – Closing remarks, Evaluations, Box lunches *(Nautilus Ballroom)*